

Abstract

Wheelchair tennis

Paper's intention

The main goal of this paper is to analyze the difficulties of the wheelchair tennis, and to organize gained information in the form of methodical letter on the base of my study of literature and all the available information from the coaches and handicaped people. This letter would help physical education and sport praxis.

Method

A qualitative knowledge survey and a literature analysis in given area is processed by fact retrieval and a descriptive working method.

Conclusion

Based on collected data, I picked out the general information that relate to wheelchair tennis and specifically to a forehand and a backhand. After reading through all the material I conducted a stroke analysis and came up with a plan for a practice session that will help to improve player's technique.

Key Words

Tennis, Wheelchair Tennis, handicap, sport, a practice session.